



### DIVING INTO THE CUTTING-EDGE TECH OF CGM

We've written a lot about continuous glucose monitoring (CGM) technology and how it could shape the future of health.

Well, CGM is soon to be available to even more people. It's time to get a little more practical about the "how" of it all.

As in: How do these systems work?

How are they able to read your glucose levels minute by minute? And what does that mean for you?

HERE'S HOW

### HOW TO GET INTO A RUNNER'S MINDSET

Use these lessons from a Six Star medalist to set your own running goals.



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### CAN NEW TESTING TECH CHANGE THE WAY WE ASSESS CONCUSSIONS?

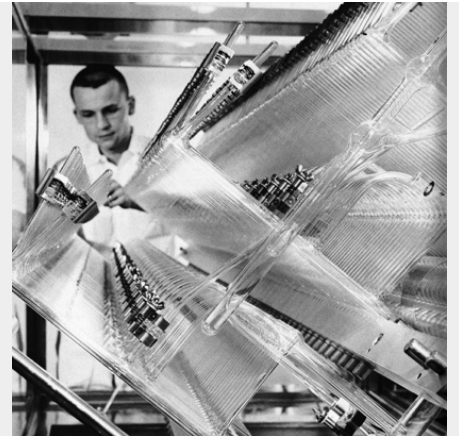
New technology is changing how doctors can assess head injuries. Here's a guide to the evaluation process.



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### A BIT ABOUT ABBOTT 1960-NOW

The look of scientific innovation changes over time. This Abbott counter-current extractor from the '60s is just one example. What matters is that our newest technologies benefit as many people as possible.



### A FEW MORE BEFORE WE GO

- [Real Madrid Summer Tour: All the Details About This Month's U.S. Visit](#)
- [Abbott Q2: Strong Base Business Growth Continues](#)
- [Ablation Tech: What to Know About PFA](#)



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